



THE CITY OF SAN DIEGO



"We Enrich Lives through Quality Parks and Programs"

Paradise Hills Recreation Center

6610 Potomac Street ▪ San Diego, CA 92139
(619) 527-3419 ▪ Lisa Petty, Center Director II
Monday through Thursday: 1:00 to 8:00 pm
Friday: 1:00 to 7:00 pm
Saturday: 9:00 am to 3:00 pm
Sunday: 11:00 am to 4:00 pm

Charles Lewis Memorial Skate Park

Monday through Sunday: 10:00 am to Dusk

Penn Athletic Field

2555 Dusk Drive ▪ San Diego, CA 92139
(619) 527-3458 ▪ Edgard Guerrero, Center Director I
Monday/Tuesday: 1:00 to 8:00 pm
Wednesday through Friday: 1:00 – 7:00 pm
Saturday: 9:00 am – 5:00 pm
Sunday: 11:00 am to 4:00 pm

Skyline Hills Recreation Center

8285 Skyline Drive ▪ San Diego, CA 92114
(619) 527-3486 ▪ Latricia Williams, Center Director II
Monday through Thursday: 1:00 to 8:00 pm
Friday: 12:00 to 6:00 pm
Saturday: 9:00 am to 3:00 pm
Sunday: 10:00 am to 3:00 pm

PROGRAM GUIDE

September 1 to November 30

Paradise Hills ▪ Skyline Hills ▪ Penn

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Schedule and fees are subject to change without prior notice.

Holiday Facility Closures

September 7, Labor Day
November 11, Veteran's Day
November 26, Thanksgiving Day

Area Manager

CaSandra Palmer-Thodile

AREA NEIGHBORHOOD PARKS

Bay Terrace CP ▪ 7373 Tooma St. ▪ (619) 527-3419
Boone NP ▪ 7201 Bullock Dr. ▪ (619) 527-3419
Keiller NP ▪ 7274 Lisbon St. ▪ (619) 527-3486
Lomita NP ▪ 8205 Leucadia Ave. ▪ (619) 527-3486
Parkside NP ▪ 6240 Parkside Ave. ▪ (619) 527-3419
Wilson NP ▪ 7226 Skyline Drive. ▪ (619) 527-3486

PARK PERMITS AND FACILITY RENTALS

Our Recreation Centers and Parks are a great venue to hold meetings, birthday parties and special events. The Recreation Centers include amenities such as meeting rooms, kitchens, picnic shelters, multi-purpose fields and gymnasiums. All park users must obtain a Park Use Permit five (5) days in advance for any equipment in the park (e.g. jumpers, generators, canopies, etc.).

Permit Processing Hours

Paradise Hills: Monday through Friday 1:00 – 4:00 pm

Penn: Tue/Wed/Thur 3:00 – 5:00 pm

Skyline: Tue/Wed/Thur 3:00 – 6:00 pm

* We strongly recommend making an appointment with the Center Director for permit processing.

RECREATION COUNCIL ADVISORY BOARDS

The Recreation Councils are non-profit organizations that serve as advisory groups to the City of San Diego Park and Recreation Department. Membership is open to the public, and we encourage parents and concerned citizens to help shape the programs and events that our offered at the Recreation Centers and parks.

The Paradise Hills/Penn Athletics Field Recreation Council meets on the first Thursday of each month at 6:30 pm at the Paradise Hills Recreation Center. Call (619) 527-3419 for more information.

The Skyline Hills Recreation Council meets the fourth Thursday of each month at 6:00 pm at the Skyline Hills Recreation Center. Call (619) 527-3486 for more information.

DONATIONS TO SUPPORT YOUR PARKS

Your gift to the Park & Recreation Department will help ensure that we meet the needs of the community, including people of all ages, abilities and income levels through recreation, natural open space parks, neighborhood parks, and aquatics programs. For more information on how you can become a donor to your favorite park, pool or recreation program, please call David Monroe, Deputy Director at (619) 525-8235.

As a recipient of federal funds, the City of San Diego cannot discriminate against anyone on the basis of race, color, creed, sex, age, national origin or ancestry, religion, pregnancy, physical or mental disability, veteran status, marital status, medical condition, gender (transsexual and transgender), sexual orientation, as well as any other category protected by federal, state or local laws. If anyone believes he or she has been discriminated against, he or she may file a complaint alleging the discrimination with the City of San Diego Park and Recreation Department by contacting Manuel Gonzalez, District Manager at (619) 525-8286 or the Office of Equal Opportunity, U.S. Department of the Interior, Washington, D.C. 20240.

VOLUNTEER OPPORTUNITIES

Ongoing volunteer opportunities are available at recreation centers, pools and regional parks throughout the City, as well as with senior and therapeutic recreation programs. If you would like to volunteer please contact the Center Director or contact the volunteer office at (619)525-8232. More information is available at www.sandiego.gov/park-and-recreation.

PARK & RECREATION STAFF

The City of San Diego conducts background checks on all employees, instructors and volunteers that work around children. All our staff, including Center Directors, Recreation Leaders and Grounds Maintenance Workers, are CPR/AED/First Aid Certified through the American Heart Association.

REGISTRATION

Registration for all classes is on a first come, first served basis. We accept all major credit cards, checks or cash (exact change required). You must register at the Recreation Center where your class is scheduled or on-line at www.SDRecConnect.com. Registration fees must be paid by the first class of the session/month. Participants that have not paid by the second class will not be permitted to participate until fees are paid. To find your class use the Activity # listed in this program.

Fall Season: fees for 3 month classes are valid from September 1 to November 30. There is no prorating.

There is a \$25.00 service fee for all returned checks. We offer a limited number of scholarships based on financial need.

There is a \$2 per transaction fee added to all registrations and reservations. There is an additional 3% credit card transaction fee for on-line registration. These fees are set by our third party registration system provider and are non-refundable.

A liability waiver, photo and birth certificate are required at the time of registration for participation in youth sports.

Registration Hours

Paradise Hills: Monday through Friday 1:00 – 4:00 pm

Penn: Tue/Wed/Thur 3:00 – 5:00 pm

Skyline: Monday through Thursday 1:00 – 5:00 pm

Fall Registration: Starts August 22 at 10:00 am



YOUTH SPORTS – FLAG FOOTBALL

Fun developmental football league with games played against teams from neighboring City of San Diego Recreation Centers. Athletes will learn punting, passing, offensive, defensive drills and game strategy. Jerseys will be provided for game day. Transportation is not provided for away games. Children may not participate in club or other football programs during the season.

Team placement based on age on December 13.

Season Dates: September 1 – December 14

Days: Practice and game schedules will vary

Ages: 8–10 years; 11–12 years; 13–14 years

Registration: Starts August 22

Paradise Hills Fee: \$25 per season (no uniform fees).
8 – 10 years (#17728); 11– 12 years (#17729)

Penn Fee: \$25 per season (no uniform fees).
4-7 years (#19240) 8-10 years (#19241), 11-12 years (#19242), 13 -14 years (#19236), 15-16 years (#19237)

Skyline Fee: \$5.00 per season (no uniform fees).
8-10 years (#18161), 11-12 years (#18162), 13 -14 years (#18163)

WEIGHT ROOM

The room is equipped with a universal machine and free weights. All participants must be 16+ years and have a signed release of liability (parents must sign a waiver for minors). The weight room closes 15 minutes prior to the Center closing. No on-line registration.

Skyline Hills Recreation Center

Fee: \$10 per month

OUTDOOR WORK OUT

This class is a great introduction to exercise, cardio and strength training. This entry level slow paced workout.

Skyline Hills Recreation Center

Days: Tuesday & Thursday

Time: 6:00 – 7:00 pm

Ages: 16+ years

Fee: FREE (#19290)

SOUL LINE DANCE/EXERCISE CLASS

Dance to soul and R&B music. This class offers great exercise, relieves stress and is a fun place to dance with friends.

Paradise Hills Recreation Center

Days: Tuesday/Thursday

Time: 6:30 – 7:30 pm

Ages: 18+ years

Fee: FREE (#17706)

KENPO KARATE

This style of Hawaiian Kenpo Karate will enhance student strength, flexibility, concentration, coordination, self-confidence and discipline. Kenpo Karate is a great means of self defense, and an excellent form of exercise. For more information, please call Instructor Vargas at (619) 472-1320.

Penn Athletic Field

Days: Tuesday 5:30 – 7:30 pm

Wednesday 5:30 – 7:00 pm

Ages: 5+ years

Fee: \$13 per month

September (#19238)/October (#19262)/November (#19239)

CONDITIONING CLASS

Join this exciting workout class and exercise all of your muscles. Participants will learn basic conditioning techniques, a variety of workouts in one, and will enjoy a cardio workout with constant movement.

Penn Athletic Field

Days: Monday & Friday

Time: 2:00 – 4:00 pm

Ages: 12+ years (adults welcome)

Fee: FREE (#19264)

CHEERLEADING/DANCE

This class introduces children to the basic steps, proper techniques. It teaches children how to work together as a team for one common goal.

Paradise Hills Recreation Center

Days: Tuesday & Thursday

Time: 5:30 – 6:30 pm

Ages: 7– 18 years

Fee: \$10 per month

September (#17713)/October (#17714)/November (#17715)

NO REFUNDS OR MAKEUP CLASSES.

Classes are not offered on holidays. Refunds/credits are issued only if the class is cancelled by the City.

KENDAMA KLUB

The Kendama Klub provides a program filled with dynamic intervention and hand and eye coordination. Participants will have an outlet to enhance techniques, sequential balance, juggles and catches.

Penn Athletic Field

Days: Tuesday and Thursday

Time: 3:00 – 5:00 pm

Ages: 8 – 18 years

Fee: FREE (#19261)

AFTER SCHOOL ACTIVITIES

This drop-in program offers a variety of activities, including sports, tournaments, arts and crafts, homework assistance and special events.

Penn Athletic Field

Days: Monday through Friday

Time: 2:00 – 5:00 pm

Ages: 7 – 12 years

Fee: FREE (#19271)

KRAFTY KRAFTS/ARTS & CRAFTS

Children can explore their creative side through art. Basic crafts techniques are taught using crayons, paints, glue and a variety of recyclable items.

Paradise Hills Recreation Center

Days: Friday

Time: 3:30 – 4:30 pm

Ages: 5 – 12 years

Fee: FREE (#19259)

Penn Athletic Field

Days: Thursday

Time: 4:00 – 5:00 pm

Ages: 5 – 12 years

Fee: FREE (#19260)

Skyline Hills Recreation Center

Days: Wednesday

Time: 4:30 – 5:30 pm

Ages: 7 – 14 years

Fee: FREE (#18158)

GAME DAY WEDNESDAY

Youth will participate in a variety of different games including basketball tournaments, ping pong, Olympic games, scavenger hunts and more.

Paradise Hills Recreation Center

Days: Wednesday

Time: 2:00 -4:00 pm

Fee: FREE

September (#17719) /October (#17720)/November (#17721)

CERAMICS FOR KIDS

This class focuses on the basic ceramic techniques of pouring, cleaning, and painting. Students will have access to a variety of molds, kiln and slip.

Paradise Hills Recreation Center

Days: Tuesday

Time: 3:30 – 5:00 pm

Ages: 9+ years

Fee: \$8 per month

September (#17710)/October (#17711)/November (#17712)

Skyline Hills Recreation Center

Days: Tuesday

Time: 3:30 – 5:30 pm

Ages: 8 – 14 years

Fee: FREE (#18160)

COOKING CLASSES FOR KIDS

Participants will learn to make easy meals, snacks, fun treats, as well as take home recipes. Children will learn about kitchen safety. Our classes also introduce the importance of making healthy food choices.

Paradise Hills Recreation Center

Days: Thursday

Time: 4:30 – 5:30 pm

Ages: 9 – 18 years

Fee: \$8 per month

September (#17716)/October (#17717)/ November (#17718)

Skyline Hills Recreation Center

Days: Monday

Time: 5:00 – 6:00 pm

Ages: 7 – 12 years

Fee: FREE

September (#18155)/October (#18156)/ November (#18157)

Penn Athletic Field

Days: Thursdays

Time: 3:00 – 4:00 pm

Ages: 9 – 18 years

Fee: \$8 per month

September (#19272)/October (#19273)/ November (#19274)

COMPUTER CLUB

Free computer access for schoolwork and research related activities. Parents must sign a waiver before children can use the computer.

Paradise Hills Recreation Center

Days: Monday through Thursday

Time: 3:00 – 5:30 pm

Ages: 8+ years

Penn Athletic Field

Days: Monday through Friday

Time: 3:30 – 5:30 pm

Ages: 8+ years



BALLET FOLKLÓRICO

This class introduces children to the basic steps, proper techniques and the history of this dance art.

Paradise Hills Recreation Center

Days: Monday/Wednesday

Time: 5:00 – 7:45 pm

Ages: 5 – 16 years

Fee: \$25 per month

September (#17703)/October (#17704)/November (#17705)

TAP & JAZZ

Our dance program includes a variety of levels to accommodate beginner and advanced dancers. This program is offered through the Civic Dance Arts, and more information is available by calling (619) 235-5255 or at www.civildancearts.org. Registration day, September 19 at 10 am.

Paradise Hills Recreation Center

Session: October 2 – December 11

Days: Friday

Fee: \$41 per month

Ages: 6 – 17 years

Time: 4:00 – 4:45 pm (Beg. Tap 1A)

4:45 – 5:30 pm (Beg. Jazz 1A)

5:30 – 6:15 pm (Adv. Beg. Jazz 2B)

6:15 – 6:45 pm (Adv. Beg. Tap 2B)

* Instructor must approve promotion to the more advanced levels.

HIP HOP DANCE

This class will teach children the basics of Hip Hop dance as well as new modern dance techniques.

Paradise Hills Recreation Center

Days: Saturday

Time: 10:00 – 11:00 am

Ages: 8 – 14 years

Fee: \$10 per month

September (#17722)/October (#17723)/Nov. (#17724)

ADULT CERAMIC GUILD

This program is designed for experienced adults. Participants must provide their own tools and paint. The molds at the center are available for use.

Paradise Hills Recreation Center

Days: Wednesday

Time: 11:00 am – 2:00 pm

Ages: 18+ years

Fee: \$7 per month

President: Dolores H.

September (#17707)/October (#17708)/ November (#17709)

Skyline Hills Recreation Center

Days: Monday

Time: 5:00 – 7:00 pm

Ages: 18+ years

Fee: FREE (#18154)

LITTLE DUNKERS

Toddlers will be introduced to the sport of basketball. The program will be offered in a non-competitive environment with an emphasis on good sportsmanship and having fun.

Paradise Hills Recreation Center

Days: Monday & Thursday

Time: 4:30 – 5:30 pm

Ages: 3-6 years

Fee: \$13 per month

September (#19252)/October (#19253)/November (#19254)

BASKETBALL SKILLS CLASS

Players will learn the fundamentals of basketball, including : ball control, shooting, running and good sportsmanship.

Paradise Hills Recreation Center

Day: Tuesday & Thursday

Time: 5:30 – 6:30 p.m.

Ages: 8 – 15 years

Fee: \$ 13 per month

September (#19256)/October (#19257)/Nov. (#19258)

FEES CHANGES

Effective September 8, service fees will apply as follows for all transactions. For Online Registrations, \$2 Transaction fee and 3% Processing fee will be charged for every transaction. For Registrations at the Centers, \$2 Transaction fee will be charged for every transaction. Rates are established by the service provider and are nonrefundable.

HALLOWEEN FESTIVAL

Join us for our annual Halloween festival. There will be a costume contest, carnival games, prizes and crafts.

Paradise Hills Recreation Center

Day: October 30 (Friday)

Time: 5:30 -7:30 p.m.

Ages: All Ages

Cost: Free

Skyline Hills Recreation Center

Day: October 30 (Friday)

Time: 5:30 -7:30 p.m.

Ages: All Ages

Cost: Free



OPEN GYM - BASKETBALL

The gym is available for public use for open basketball for full-court and/or half court play. This schedule can change without prior notice for programs and special events. Schedule will change during basketball season.

	Paradise Hills	Skyline Hills
Monday	1:00-5:00 pm	1:00 – 5:00 pm
Tuesday	1:00-5:00 pm	1:00 – 5:00 pm
Wednesday	1:00-4:30 pm	1:00 – 5:00 pm
Thursday	1:00-5:00 pm	1:00 – 5:00 pm
Friday	1:00-4:00 pm	1:00 – 5:00 pm
Saturday	None	9:00 – 2:45 pm

TEEN CENTER

Teenagers are invited to play air hockey, ping pong, video games or just hang out with other teens in a safe and structured atmosphere. This program includes the opportunity to participate in sports or attend field trips. A monthly calendar of activities is available at the Center.

Penn Athletic Field

Days: Monday through Friday

Time: 2:00 – 5:00 pm

Ages: 13 – 17 years

Fee: FREE (#19263)

Skyline Hills Recreation Center

Days: Monday through Friday

Time: 3:00 – 7:00 pm

Ages: 12 – 16 years

Fee: FREE (#18160)

LOCAL YOUTH ORGANIZATIONS

AYSO Region 581:

www.ayso581.clubspaces.com

Paradise Hills Pony Baseball:

www.leaguelineup.com/ph-pony

Twin Hills Little League:

www.eteamz.com/TwinHillsLittleLeague

ON-LINE REGISTRATION INSTRUCTIONS

Log on to www.SDRecConnect.com

Instructions for New Users:

Click on the **Create Account** button. Fill out the **New Account Request** form completely for the primary responsible person, usually a parent or head of household, including all required fields (Birth date, Gender, Email Address, etc.), and click **Submit** or **Submit & Add Family Member** to add your other family members. Please submit your request only once. You will receive an email with a link to activate your account. You will not be able to use your account until you have used this special link (if you do not receive an e-mail check your spam filter).

*****Important:** If you are registering a child for an activity, please use **your own** information when completing the **New Account Request** form, NOT the information of the child you wish to register for an activity. Once you have input your information, you will have the opportunity to add family members. **If you need help** please click the FAQs (Frequently Asked Questions) button in the online registration page for information.

Instructions for Returning Users.

To use the ActiveNet click the **My Account** button. Enter your login (email address) and password.

If you have forgotten your password, click **My Account**, then click the small **forgotten?** link. Enter the e-mail address you used when you created the account and the system will send you a temporary password. Log-in with the temporary password and the system will prompt you for your **Current Password** (use the temporary password) and a **New Password** of your choice. Be sure to click **Save**.

*****Important:** Do not create a new account if you already have one.